

## BREAKFAST

- **The closer and recommended: Milkeria, Borgo degli Albizi 87 and BAR 16, via del Proconsolo 16**
- The USA hometasting: if you absolutely need a BRUNCH: The Diner, Via dell'acqua 2
- The traditional and with the top view (but not cheap):

SCUDIERI in Piazza Duomo (you will pay a Cappuccino 5,00 euros, but sitting in front of Battistero, if there taste the "Budino di Riso" that is typical of the area) and

RIVOIRE in Piazza della Signoria,

PASZKOWSKY in Piazza della Repubblica.

## SUPERMARKETS

- **the closer: CARREFOUR EXPRESS Borgo degli Albizi 57**

-the one on the way: CARREFOUR EXPRESS Via Dante Alighieri 20

the largest (at walking distance): CONAD CITY Via Pietrapiana 42

-one more top quality (at walking distance, wide selection of gastronomic souvenirs, too): SAPORI e DINTORNI (Conad) Borgo San Lorenzo 15

-the gourmet (local and international gastronomic specialties):

PEGNA Via dello Studio 8

## RESTAURANTS AND FOOD (as we like):

CHEAP

### **LE MOSSACCE Via del Proconsolo, , 55/r Firenze**

A true place, tourists mix with locals sharing a few tables. A small kitchen behind glasses offers true, tasty and safe Tuscan food (The secret is in the tables in front of the kitchen, they have a side of wood and one of steel on which food is made during the morning)

### **TRIPPAIO - LAMPREDOTTAIO Piazzetta de' Cimatori , Logge del Porcellino, etc.**

Florentine street food, the special PANINO CON IL LAMPREDOTTO (bread with Tripe: only abomasum) and the PANINO CON LA TRIPPA (bread with Tripe: rumen, omasum, reticulum) are traditionally sold along the road. Cheap and tasty, with sauces (piccantino e salsa verde) ... you need to taste it!

### **RISTORANTE DA ROCCO at MERCATO S. AMBROGIO , Piazza Ghiberti**

Open only at lunchtime (12-14.30) in working days, inside the Market of S. Ambrogio, it is cheap and fast, here tourists mix with locals, sharing a few tables. Tuscan food.

### **L'ANTICO VINAIO, Via de' Neri**

To be seen... thanks to Tripadvisor followers, that is the most crowded place, has a line like Uffizi museum. Do not waste your time, even if good, is not Uffizi!

MODERATE

**LO YELLOW BAR Via del Proconsolo, , 39/r Firenze**

A "historic" place for tourism in Florence, where you can eat a good pizza but above all you can see the production of fresh pasta, made with special flour, low in gluten.

**MERCATO CENTRALE:** 1th floor offers several restaurants, just a few meters from S. Lorenzo and Duomo:

<http://www.mercatocentrale.it/en/mercato-centrale-florence/>

**FOODY FARM Corso de'Tintori 10/r Firenze tel 055 242327**

New and trendy, offers innovatively elaboration of Tuscan traditional dishes, buying excellence of the territory directly from farmers.

**O'VESUVIO Via de'Cimatori 21 /r Firenze**

The true Pizza from Naples landed in Florence.

**LA BEPPA FIORAIA, via dell'erta canina 6/r Firenze**

Out of the beaten path if you do not have house in the Oltrarno, it is a large place, offering good prices and taste, with the plus of a garden to enjoy a meal at the fresco (but provide yourself with a spay against mosquitos) , it is the place for a Fiorentina-style (bloody) steack or a large "antipasto"

A LITTLE BIT MORE EXPENSIVE

**L'ACQUA AL 2:** Via della Vigna Vecchia 40r

**OSTERIA DE'PAZZI:** Via dei Lavatoi, 1/r

**ZIBIBBO 2.0:** Via delle Seggiole 14r reservations: 0552466462

EXPENSIVE

**ENOTECA PINCHIORRI** via Ghibellina, 87 reservations: +39 055 242777

**IL CIBREO** via Andrea del Verrocchio 8r reservations : +39 0552341100

WINE AND FOOD FROM THE WINEFARMS

**CANTINETTA ANTINORI** Piazza degli Antinori 3

**De'FRESCOBALDI** Via de'Magazzini 2-4

**IL BORRO BISTROT** Lungarno Acciaiuoli 80r

**FATTORIA ROSSI** Piazza Davanzati 3r (not a Tuscan farm but from Parmesan area)

WINE TASTING in FLORENCE

**PITTI GOLA E CANTINA** Piazza Pitti 16

**POZZO DIVINO** Via Ghibellina 144r

**LA NICCHIA** Lungarno Vespucci 34r

## ICE CREAMS:

Ice cream as a dessert become famous around the year 1500 in Florence. In fact, ice cream as we know it today was quite similar to what was served at the wedding feast of **Caterina de Medici**, going to be queen of France.

Taste the homemade at:

**VIVOLI** (homemade icecream since 1929) via delle Stinche 7/r

**FESTIVAL DEL GELATO** via del Corso 75/r

And if your favourite taste is chocolate at:

**VENCHI** Via Calzaiuoli 65

If look is so important as taste, have one (no homemade but home"dressed") at

**MAGNUM STORE** Piazza Duomo 47 r

## PIZZA EXPRESS:

**RUNNER PIZZA:** delivery service, english website, order online [www.runnerpizza.it](http://www.runnerpizza.it)

**Mr. PIZZA** take away in Piazza Duomo 5r or deliverly service.  
With also gluten free and vegan

order online <http://www.misterpizzafirenze.it>

## FOOD MARKETS:

**GOURMET, at MERCATO CENTRALE:** a special place for events, food, restaurant, just a few meters from S. Lorenzo and Duomo:  
<http://www.mercatocentrale.it/en/mercato-centrale-florence/>

**TRUE at MERCATO S. AMBROGIO , Piazza Ghiberti (only morning)** the fresh fruit and vegetable are sold in the square, inside the market meat fish and more...

## BAKERY

FORNO SARTONI, via de' Cerchi 24/r

Gluten free: STARBENE GOLD, via de' Neri 14/r

## CHEMIST SHOPS

FARMACIA DEL CORSO Via del Corso 13

FARMACIA SANT' AMBROGIO Via Pietrapiana 2

FARMACIA SANTA MARIA NOVELLA Piazza Stazione (24 hours open)

## CHOCOLATE:

VESTRI Borgo degli Albizi 11/r

VENCHI via de' Calzaioli 65/r

## FRAGRANCES

Limited edition at: AQUA FLOR, Borgo Santa Croce 6

A family history of 4 generations and more OFFICINA DE'TORNABUONI via de'Tornabuoni19

A Tuscan Firm (from Elba Island): ACQUA DELL'ELBA via de'Calzaioli 45

## SOUVENIRS SHOP

Affordable paper goods: MARZOTTO CARTA borgo degli Albizi 86/r

Pinocchio and wooden crafts (perfect for kids): BARTOLUCCI Borgo dei Greci, 11/r

Hand-crafted ceramics: for gilded ones i prefer LUCA DELLA ROBBIA Via del Proconsolo 19/r and for terracottas SBIGOLI TERRECOTTE Via Sant'Egidio 4r

Fake and silver jewelry: modern at FALSI GIOIELLI via de Ginori 34/r and fantasy at IL GALEONE via de'Ginori 52/r

Mosaics: I MOSAICI DI LASTRUCCI via de'Macci 9.

Pottery: Richard Ginori shop, Via dei Rondinelli, 17/r (the museum is out of Florence, near the factory in Viale Pratese, 31, 50019 Sesto Fiorentino FI

Art supply store: ZECCHI via dello Studio 19/r

Buttons! (all sizes and colours!) MERCERIA SAMBA Via S. Elisabetta 10/r

HARD ROCK (yes, also Florence has one) Via dei Brunelleschi, 1,  
Souvenir Market in the back of S. Lorenzo Church and in Piazza S.  
Firenze

## LUGGAGE DEPOSIT

Left luggage, via dei Boni 5r

## SHOPPING FASHION

Fashion shops set in **VIA TORNABUONI, VIA DELLA VIGNA  
NUOVA, VIA CALZAIUOLI**

**I GIGLI SHOPPING CENTER:** here locals buy International brands like Zara, H&M, but also italian ones like PennyBlack and Geox, and stop for lunchtime at "IL LUPO". set in Campi Bisenzio, from Florence ATAF bus nr. **30, 35 e 303**.

**THE MALL OUTLET:** Italian top- firms like FENDI and GUCCI, International ones like BURBERRY, HOGAN, MC QUEEN. About 40 km from the centre of Florence you can reach THE MALL, a large FASHION BRANDS OUTLET . You can go there with the THE MALL-by BUS , return ticket 13 euro

<https://www.themall.it/en/outlet-italy/visit-the-mall.html>

**OFFICINE PANERAI:** luxury watches in Piazza San Giovanni, close Battistero. It is a local firm.



## SPECIAL TRIPS

**500 and Vespa** : Walkabout Florence Tours: Self **Drive** vintage Fiat **500 and VESPA** Tours, Via Vinegia 23R, 50122, Florence, Italy

**Segway**: Italy segway tours, Via dei Cimatori, 9R, 50122 Firenze

**Electric Fat Bike tour**, MyTour Via Cavour 21/r

## GARDENS

GIARDINO dell'IRIS, Piazzale Michelangelo, balcone est, open 27apr-20 may

GIARDINO DELLE ROSE Piazzale Michelangelo, ovest (Viale Poggi 2) with masterpieces of J.M. FOLON!

GIARDINO BARDINI Costa S. Giorgio, 2. offers wonderful views of Florence from its 4 hectares of parkland . free entrance the 1th Sunday of each month.

GIARDINO DI BOBOLI, Piazza Pitti, 1. But if there is a long line you can buy tiket and enter from Via di Porta Romana, from the entrance ANNALENA

GIARDINO DE' SEMPLICI (Botanical Garden) open Monday to Friday, via P. A. Micheli 3

## FIRMS MUSEUMS

MUSEO GUCCI Piazza della Signoria, 10,

MUSEO FERRAGAMO Palazzo Spini Feroni, Piazza di Santa Trinita, 5/R

ZEFFIRELLI MUSEUM, Piazza S. Firenze n° 5

## PLACES that must be seen

1 Piazza Duomo: **Duomo, Battistero, Campanile di Giotto**, Museo dell'Opera del Duomo. Close Duomo: Torre della Pagliazza

2 Piazza Signoria: **Palazzo Vecchio, Museo degli Uffizi**, Loggia de'Lanzi. Close Signoria: **Bargello**, S. Firenze, Badia Fiorentina, Museo Galileo

3 FROM DUOMO TO PITTI: **Orsanmichele, Logge Porcellino Ponte Vecchio, Palazzo Pitti, museo Pitti, Giardino di Boboli**

4 FROM DUOMO TO S.MARCO: **San Lorenzo**, Cappelle Medicee, Palazzo Medici-Ricciardi, **Galleria dell'Accademia (David di Michelangelo)**, Convento di S. Marco , and back from **SS. Annunziata square and church**, Museo Archeologico.

5 FROM DUOMO TO OGNISSANTI: Piazza Repubblica, Museo di Palazzo Strozzi, Santa Trinita, Palazzo Spini Feroni, **Lungarno**, Chiesa di Ognissanti,

6 Piazza Santa Croce, **chiesa Santa Croce** (+scuola del cuoio) Fondazione Horne

7 **Piazza e chiesa di S. Maria Novella** (Farmacia di S. Maria Novella), Stazione Firenze S. Maria Novella

8 **Forte Belvedere, S. Miniato a Monte, Piazzale Michelangelo**, Giardino delle Rose, Giardino dell'Iris

9 FROM S. MARCO: Orto Botanico, Piazza Libertà. Bus to Fiesole (Teatro Romano)

10 Museo Stibbert, giardino di Orticoltura.

TREASURE HUNTS (THAKE A PHOTO!):

**WINE WINDOWS** "Buchette del vino" are small openings in the facades of many large houses and palaces in Florence, often featured as a small door. For three centuries, they were a crucial component of how local wines were bought and sold, directly from producer to consumer.

**TABERNACLES** Tabernacles are a typical decoration of the ancient streets and squares of **Florence**: there are still over 1200 of them, of many different kinds and ages.

**STREET SIGNS:** Clet Abraham, an artist with the Studio in Via dell'Olmo, 8, became famous (and had problems with local authorities and urban police) for his street art style: he inserts stickers on street signs, giving to them a new meaning.

**Gargoyles and animals (horses, lions, and more!).** From middle ages to Deco, the walls often show unsuspected animals and people.

**FLOOD MARKERS:** in Piazza S. Croce and along the roads of the area, you can easily find one or more signs indicating the level reached by the water from the river Arno that flooded the town in the past (the last one in 1964)

**Medici's coat of Arms:** The family emblem, balls, usually 6, decorate numerous buildings all over Florence.

## THE VOLUNTEERS HISTORY

The “MISERICORDIA” of Florence is one of the oldest charitable institutions of the world. It was established in 1244 and has a strong presence in Florence and Tuscany. The main house set in Piazza del Duomo, you can see the ambulances parked in front of the building, ready to run.

### **If you need a doctor, find it**

Monday to Friday. 2 to 4 pm. at Monday to Friday. 2 to 4 pm. at MISERICORDIA in Vicolo degli Adrimari (500 m, close Duomo)

Night and week-end at GUARDIA MEDICA, Via della Pergola, 1/A, phone 055 693 8980

## EMERGENCY NUMBERS

POLICE: 112 and 113

FIRE: 115

AMBULANCE: 118

## EMERGENCY ROOM

24 hours a day at S. Maria Nuova hospital, that is 400 m from Via Giraldi.

